

# Journal of Otolaryngology and Rhinology

#### CASE REPORT

# Incomplete Kawasaki Disease Presenting with Fever and Cervical Lymphadenitis in a 10-Year-Old Child

Masih Ahmed, MD<sup>1</sup>, Sarah Ellison, MD<sup>2</sup> and Kathryn S Moffett, MD<sup>3\*</sup>

<sup>1</sup>Department of Ophthalmology, West Virginia University, USA <sup>2</sup>Department of Dermatology, West Virginia University, USA <sup>3</sup>Department of Pediatrics, Division of Pediatric Infectious Diseases, West Virginia University, USA



\*Corresponding author: Kathryn S Moffett, M.D., FAAP, Professor of Pediatrics, Division Chief, Pediatric Infectious Diseases, WVU, HSC-9214, Morgantown, WV 26506-9214, USA, Tel: 304-293-1201, Fax: 304-293-1216

#### Abstract

We present a case of incomplete Kawasaki disease (KD) in a 10-year-old child treated for bacterial cervical adenitis and retropharyngeal abscess. The child's older age and the lack of laboratory or signifying features contributed to the long delay in the diagnosis of KD on day 40 of illness.

#### Keywords

Kawasaki Disease, Lymphadenitis, Node-first Kawasaki, Fever

## **Case Report**

A 10-year-old male was admitted to our hospital after worsening right-sided neck lymphadenitis and fever of 39.8 °C (103.6 °C) of 7 days duration. He had been admitted to an outside facility and treated for 3 days with intravenous (IV) ampicillin/sulbactam and clindamycin, where a computed tomography (CT) revealed right sided lymphadenitis with no abscess formation. Blood and throat cultures showed no growth. Upon admission to our hospital, he had right neck swelling with tenderness and erythema. History was significant for no immunizations. Laboratory findings are summarized in the Table 1; serology for mumps, cat-scratch disease, Epstein-Barr virus, and cytomegalovirus infection were all negative. Fever resolved, the neck tenderness and size of cervical adenopathy improved, and he was discharged on IV clindamycin and ceftriaxone.

Five days later, day #17 of illness, the patient

CLINMED INTERNATIONAL LIBRARY was readmitted with return of fever with worsening right and some left neck swelling, pharyngitis, and a transient macular rash on his face. CT revealed a right retropharyngeal abscess with bilateral cervical lymphadenitis (See Figure 1). Considerations for the etiology of the inflammatory neck mass included reactive lymphadenopathy, such as seen with Epstein Barr virus, cytomegalovirus, primary HIV, toxoplasmosis, and malignancy, as well as bacterial causes from S aureus, Streptococcus species, Lemierre's syndrome (Fusobacterium necrophorum), plague, tularemia, mycobacterial infection, and cat-scratch disease. Serology for Bartonella henselae (cat-scratch disease), Epstein-Barr virus, and cytomegalovirus infection in this patient were negative. He underwent incision and drainage of the abscess, as well as tonsillectomy and adenoidectomy. Tonsil and pharyngeal exudate grew coagulase negative Staphylococcus which was felt to be a contaminant; urine and blood cultures were negative. Family refused lymph node biopsy. As a result of severe airway swelling, he received a 5 day course of corticosteroids and remained on mechanical ventilation for 7 days. He was treated with 14 days of vancomycin, gentamicin, and ertapenem; neck swelling and fever resolved and was discharged home.

Nine days after stopping the antibiotics, on day #40 of illness, fever returned to 39.7 °C (103.5 °C). Examination was significant for pallor and bilateral small cervical lymphadenopathy. Patient was readmitted to our hospital for a third time. Echocardiogram revealed aneu-

**Citation:** Ahmed M, Ellison S, Moffett KS (2019) Incomplete Kawasaki Disease Presenting with Fever and Cervical Lymphadenitis in a 10-Year-Old Child. J Otolaryngol Rhinol 5:055. doi.org/10.23937/2572-4193.1510055

Accepted: February 25, 2019: Published: February 27, 2019

**Copyright:** © 2019 Ahmed M, et al. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

Laboratory test	Normal Units	Illness Day						
		#4	2#	#12	#17	#29	#40	#44
		First Admission	Second Admission*	ion*	Third Admission*	ssion*	Fourth A	Fourth Admission*
		(at outside)						
		IV ampicillin- sulbactam (3d)	IV clindamycin & ceftriaxone (10d)	ceftriaxone	IV solumedrol (5d) & vancomycin, ertapenem, gentamicin (14d)	ol (5d) & ertapenem, 14d)		
White blood cell count (WBC)	3.5-11.0 × 10 <sup>3</sup> /mm <sup>3</sup>	21.5	19.4	15.2	24.0	17.3	10.4	18.6
Absolute neutrophil/absolute band count	$1.8-8.0 \times 10^3/\text{mm}^3/0.0-0.5 \times 10^3/\text{mm}^3$	17.6/0.0	16.3/0.0	8.1/0.0	20.5/0.2	12.9/0.0	3.7/0.1	13.4/0.0
Hemoglobin	11.5-16.5 g/dl	13.2	13.5	12.7	11.0	9.3	6.9	7.0
Platelet count	$140-450 \times 10^{3}/\text{mm}^{3}$	269	300	437	453	186	466	799
C-reactive protein (CRP)	< 1.0 mg/dL	NP	20.86	2.707	13.563	15.947	7.364	5.755
Erythrocyte sedimentation rate (ESR)	< 15 mm/hr	NP	84	NP	06	ЧР	130	> 145
Aspartate aminotransferase (AST)	7-55 U/L	NP	18	12		NP	14	15
Albumin	3.5-4.8 g/dL	ЧN	ЧN	ЧN	1.8	1.6	1.9	ЧN
WBC- urine	0-1/High Power Field (HPF)	ЧN	0	ЧN	e	0	ო	ЧN

Table 1: Summary of laboratory results & treatment for case report.

coronary artery 10 mm (Z-score 31.04), left anterior descending (LAD) 10.4 mm (Z-score 26.13), and right coronary artery 12.5 mm (Z-score 25.11). American Heart Association (AHA) guidelines describe coronary artery aneurysms (CAA) as small (< 5 mm internal diameter),

medium (5-8 mm), and giant (> 8 mm) [1]; Z-score in the LAD or RCA of 2.5 or greater are diagnostic of CAA [2].

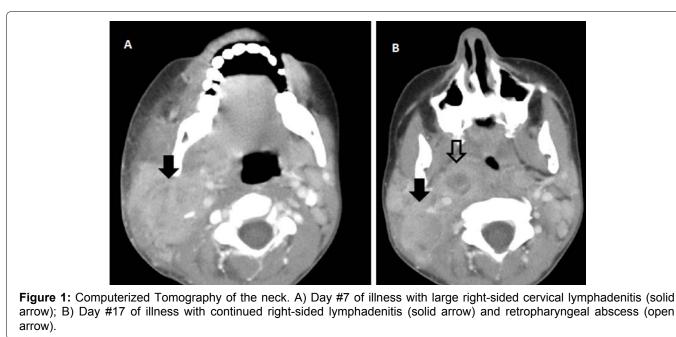
rysmal enlargement of the coronary arteries: Left main

Based on the presence of CAA, our patient was diagnosed with Kawasaki disease (KD) [3]. He was treated with aspirin and intravenous immunoglobulin (IGIV), solumedrol, heparin, and metoprolol. The diagnosis of KD is based on clinical criteria, including fever and  $\geq 4$ of the following: Non-exudative conjunctivitis, oral mucosa/lips/strawberry tongue erythema, maculopapular rash, cervical adenopathy, and changes in the extremities with desquamation; laboratory evaluation includes: Elevated acute-phase reactants, complete blood count (CBC), sterile pyuria, elevated serum alanine aminotransferase (ALT) level, and low serum albumin. Leukocytosis is common, with 50% of patients having WBC >  $15.0 \times 10^3$ /mm<sup>3</sup>. Thrombocytosis appears in 2-3 weeks of illness with platelet counts ranging 500-1,000  $\times$  10<sup>3</sup>/ mm<sup>3</sup>. Risk factors for developing CAA include: Age < 1 year, long duration of fever, and low serum albumin [1,4,5].

Twenty percent of cases are classified as incomplete KD [4], which lacks of a common clinical phenotype; AHA guidelines suggest > 3 of the following criteria: Serum albumin < 3 g/dL, anemia for age, elevated ALT, platelet count >  $450 \times 10^3$ /mm<sup>3</sup> after 7 days, WBC >  $15.0 \times 10^3$ /mm<sup>3</sup>, or urine WBC > 10/HPF. Incomplete KD is associated with a higher incidence of CAA and mortality as high as 41% [2,6].

Cervical adenopathy is the least common diagnostic criteria, noted in 50%-75% of Japanese, 42% to 52% of US, and 24% of Chinese cases [7]. Cervical adenopathy and fever may occur before other clinical signs, called node-first KD; in others, adenopathy dominates the presentation even in the absence of other signs until echocardiogram demonstrates characteristic coronary artery changes. Retropharyngeal edema and lymphadenitis have been recognized as occurring in patients with node-first KD, with overall frequency unknown [7].

A recent prospective study of node-first KD identified older age, elevated markers of systemic and hepatobiliary inflammation, and anemia for age as variables to help recognize the correct diagnosis, with mean age of children presenting with KD-cervical lymphadenopathy to be 4.9 years (range 2-9 years) compared to 2.2 years (range 0.2-3.7 years) without cervical lymphadenopathy [8]. In a multivariable analysis comparing children with bacterial cervical adenitis to children with node-first KD, smaller nodes, lower WBC, higher absolute band count,



and a higher CRP were independently associated with node-first KD [9].

Patients presenting with fever and node-first KD are often mistakenly treated with antibiotics delaying the ultimate diagnosis of KD. Older age and lack of laboratory or signifying features of KD may contribute to delay in the diagnosis of KD. Clues to redirect thinking toward a diagnosis of KD are: A trial of empiric antibiotics without improvement, needle aspirates that showed negative cultures, and progression of lymph node swelling from unilateral to bilateral. The transient improvements and response to antibiotics in our patient suggested that bacterial infection was present; in addition corticosteroids ameliorated his clinical response, albeit transiently. Thus a high index of suspicion for Kawasaki disease must be maintained when high grade, remitting fever despite antibiotic treatment, is present in the setting of lymphadenitis [10].

### References

- Newburger J, Takahashi M, Gerber M, Gewitz MH, Tani LY, et al. (2004) Diagnosis, treatment, and long-term management of kawasaki disease: A statement for health professionals from the Committee on Rheumatic Fever, Endocarditis and Kawasaki Disease, Council on Cardiovascular Disease in the Young, American Heart Association. Circulation 110: 2747-2771.
- 2. Yu J (2013) Diagnosis of incomplete Kawasaki Disease. Korean J Pediatr 55: 83-87.

- Cimaz R, Sundel R (2009) Atypical and incomplete Kawasaki disease. Best Pract Res Clin Rheumatol 23: 689-697.
- 4. Takahashi K, Oharaseki T, Yokouchi Y (2011) Pathogenesis of Kawasaki Disease. Clin Exp Immunol 164: 20-22.
- 5. Honkanen VE, McCrindle BW, Laxer R, Feldman BM, Schneider R, et al. (2003) Clinical relevance of the risk factors for coronary artery inflammation in Kawasaki Disease. Pediatr Cardiol 24: 122-126.
- Kitano N, Suzuki H, Takeuchi T, Suenaga T, Kakimoto N, et al. (2014) Epidemiologic features and prognostic factors of coronary artery lesions associated with Kawasaki disease based on a 13-year cohort of consecutive cases identified by complete enumeration surveys in Wakayama, Japan. J Epidemiol 24: 427-434.
- Stamos JK, Corydon K, Donaldson J, Shulman ST (1994) Lymphadenitis as the dominant manifestation of Kawasaki Disease. Pediatrics 93: 525-528.
- Kanegaye JT, Van Cott E, Tremoulet AH, Salgado A, Shimizu C, et al. (2013) Lymph-node-first presentation of Kawasaki disease compared with bacterial cervical adenitis and typical Kawasaki disease. J Pediatr 162: 1259-1263.
- 9. April M, Burns J, Newburger J, Healy G (1989) Kawasaki disease and cervical adenopathy. Arch Otolaryngol Head Neck Surg 115: 512-514.
- 10. Cai Q, Luo R, Gan J, Zhang L, Qu Y, et al. (2015) Kawasaki disease mimicking a parapharyngeal abscess: A case report. Medicine (Baltimore) 94: e761.

