**Appendix**: Food items listed in FFQ.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Alcohl** | Distilled liquor | Meat | Fatty beef | Cereal | Bread |
|  | Beer |  | Lean beef |  | Pastries |
|  | Whiskey |  | Fatty pork |  | Oridinary rice |
|  | Wine |  | Lean pork |  | Unpolished rice |
|  | Cocktail |  | Fatty chicken |  | Black rice |
|  |  |  | Lean chicken |  | Glutinous rice |
| **Beverage** | Tea without sugar |  | Liver |  | Rice noodle |
|  | Tea with sugar |  | Processed meat |  | Wheat noodle, Instant noodle |
|  | Coffee |  |  |  | Rice cake |
|  | Milk-containing coffee | Seafood | Dried fish |  | Corn |
|  | Cocoa |  | Raw fish |  |  |
|  | Vegetable juice |  | Shellfish | Corm | Corm |
|  | 100% fruit juice |  | Prawn |  |  |
|  | Carbonated drink |  | Deep-fried minced fish | Seeds | Sesame |
|  | Sport drink |  |  |  | Peanut |
|  | No-calorie drink | Egg | Egg |  |  |
|  | Soy milk |  |  | Fruit | Fresh fruit |
|  | Lactobacillus beverage | Dairy | Low fat milk |  | Processed fruit |
|  | Commercially water |  | Milk |  | Preserved fruit in syrup |
|  |  |  | Cheese |  |  |
| **Seasoning** | Butter |  | Yoghurt | Vegetable | Green vegetable |
|  | Jam, marmalade |  | Creamer for coffee |  | Red vegetable |
|  | Sugar for coffee |  | Creamer for black tea |  | Yellow vegetable |
|  | Sugar for black tea |  |  |  | Other vegetable |
|  | Dressing | Bean | Bean curd |  | Pickled vegetable |
|  | Mayonnaise |  | Fermented food |  |  |
|  | Sauce |  |  | Seaweed | Seaweed |
|  | Ketchup | Confectionery | Cake |  | Laver |
|  | Nam pla (fish sauce) |  | Biscuit, cookie |  |  |
|  | Cooking salt |  | Pudding, jelly |  |  |
|  | Soup with noodle |  | Chocolate |  |  |
|  | Cooking oil |  | Ice cream |  |  |
|  |  |  | Snack |  |  |
|  |  |  | Traditional cake with egg |  |  |
|  |  |  | Traditional cake with rice |  |  |