Malignant Neural Sheath Tumors of the Head and Neck

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Abstract

Introduction: Malignant neural sheath tumors located in the head and neck region are very rare. Surgical treatment if possible is the best option, trying to obtain wide resection margins free of tumor.

Objects: To determine the incidence of malignant tumors of neural histology, in relation to nerve tumors originating in the head and neck and description of two clinical cases.

Methods: A retrospective and descriptive study was carried out by reviewing the electronic medical records of all patients who were diagnosed and treated for neural histology tumors originating in the head and neck, between March 1998 and December 2021.

Results: Eighteen patients were treated for nerve tumors originating in the head and neck. The benign tumors of neural origin were located in the nasal cavity and paranasal sinuses (6/18) and in the neck (10/18). Four originated from the facial nerve in the parotid, three from the cervical sympathetic nerve in the retro styloid carotid space, one in the submaxillary region, and two in the supraclavicular fossa.

The incidence of malignant nerve tumors was 11.11% (2/18).

Conclusions: The incidence of malignant neural sheath tumors in our study was 11.11%. Most neural sheath tumors are benign and can cause functional alterations due to compression of the nerve of origin or adjacent structures, but when the neoplasm grows rapidly malignancy should be suspected. The main treatment is surgery trying to obtain wide tumor-free margins.

Keywords

Malignant neural sheath tumors, Head and neck, Infraorbital nerve, Endoscopic surgery

Introduction

Malignant neural sheath tumors (MNST) are an infrequent type of soft tissue sarcoma, they can originate from the cranial, peripheral or autonomic nerves.

They can be sporadic, originate in previously irradiated regions, or in patients with neurofibromatosis type 1.

Location in the head and neck occurs in 10 to 15% of cases and represents 10% of neck sarcomas.

It is difficult to make a presumptive clinical or imaging diagnosis prior to the cytological or histological study, but a sign of malignancy is the rapid growth of the tumor.

The best treatment is surgery, trying to perform complete resections with a wide margin if the location of the tumor allows it.

Objects

To determine the incidence of malignant tumors of neural histology, in relation to nerve tumors originating in the head and neck and description of two clinical cases.

Methods

A retrospective and descriptive study was carried out by reviewing the electronic medical records of all patients who were diagnosed and treated for neural histology tumors originating in the head and neck, between March 1998 and December 2021.

All patients had histological confirmation of neural sheath tumor by cytology or excisional biopsy. Patients with intracranial neural tumors were excluded.
Results

Eighteen patients were treated for nerve tumors originating in the head and neck. Seven were women and eleven men. The youngest was 16 and the oldest was 82 years old, the average age was 41 years.

Fourteen had a histological diagnosis of neurilemmoma and two of solitary neurofibroma.

One patient had histopathological and another cytological diagnosis of malignant Schwannoma (2/18).

The benign tumors of neural origin were located in the nasal cavity and paranasal sinuses (6/18) and in the neck (10/18). Four originated from the facial nerve in the parotid, three from the cervical sympathetic nerve in the retrostyloid carotid space, one in the submaxillary region, and two in the supraclavicular fossa.

The incidence of MNST was 11.11% (2/18).

Clinical Cases

1) Sixty-three year-old woman consulted for a tumor on the left cheek, painful on palpation and with facial hypoesthesia on that side.

Nasal endoscopy was normal and Computed Tomography (CT) and Magnetic Resonance Imaging (MRI) revealed a subcutaneous tumor without skin infiltration, 8mm in diameter with post-contrast enhancement. It was located at the emergence of the infraorbital nerve from the maxillary sinus (Figure 1).

A sublabial approach and an anterior maxillary sinusotomy were performed, resecting the tumor that was attached to the infraorbital nerve, which could be preserved.

The intraoperative biopsy was reported as a lesion consisting of spindle cells with atypia, so it was decided to resect the nerve until it entered the pterygomaxillary fossa and the surrounding premaxillary soft tissue (Figure 2).

The postoperative histopathological study was reported as a malignant spindle cell neoplasm compatible with malignant Schwannoma and immunostaining was negative for ERG, MYOD-1, CK 818, Desmin, p40, HMB45, Melan A and positive for S100 and diffuse positive for SOX10.

It was diagnosed that the sector of the infraorbital nerve that was resected in the roof of the maxillary sinus had neoplastic infiltration.

Positron emission tomography did not detect pathological uptake in other body sites. A new surgery was indicated to widen the margins of the previous surgery.

By a trans nasal approach with endoscopes, a wide median antrostomy with resection of the pterygoid process and the posterior wall of the left maxillary sinus were performed.

The superior maxillary branch of the trigeminal nerve (V2) was resected together with the fat from the pterygomaxillary fossa, preserving the mandibular ramus (V3) (Figure 3).

The histopathological study of the resected tissues did not diagnose neoplasia.

Forty days later, a nodular lesion was detected on the left cheek. The cytology of the lesion was compatible with malignant spindle cell neoplasm. MRI revealed a subcutaneous nodular lesion without skin infiltration.

An excision of the skin and soft tissues of the cheek was performed with a 1cm margin of healthy tissue. The defect was reconstructed with a Mustardé flap.

She received postoperative treatment with intensity modulated radiotherapy with a dose of 5500cgy (Figure 4).

2) 82-year-old man consulted for a rapidly growing lateral right neck tumor in recent months and dysphonia. He had consulted 8 years earlier for the...
Figure 2: Endoscopic view of the sublabial approach and anterior maxillary antrostomy.

A y B: infraorbital nerve tumor (black arrows), C: infraorbital nerve tumor dissection for intraoperative histological study (black arrow: infraorbital nerve, blue arrow: tumor), D: infraorbital nerve after tumor resection, E: the bony canal of the infraorbital nerve is observed in the orbit floor after nerve resection until its entry into the pterygomaxillary fossa ( ).

Figure 3: Endonasal approach with endoscopes to the maxillary pterygoid fossa (MPF).

A: pterygoid process and posterior wall of the maxillary sinus resection to access the MPF, B: MPF dissection showing the orbital cone (arrow) and the pterygoid muscles, C: V2 resection, D: V3 preservation (arrow)
Due to the clinical and imaging characteristics, it was compatible with malignant Schwannoma. PET diagnosed multiple metastases in the pleura, lung, liver, and bone (Figure 6).

Palliative treatment was indicated.

**Discussion**

Malignant neural sheath tumors of peripheral nerves comprise a group of neoplasms that can differentiate into various elements of the neural sheath, including Schwann cells, perineurial fibroblasts, and fibroblasts [1].

Within this group are malignant schwannomas, neurofibrosarcomas and neurogenic sarcomas [2].

MNST are rare, they represent between 5 to 10% of soft tissue sarcomas and have an incidence of 0.001% [3]. They can originate in three contexts: sporadic in
Factors associated with a poor prognosis include tumor size > 5 cm, positive resection margins, advanced age, initially diagnosed metastases, and type I neurofibromatosis-associated tumors.

In one study, they included the location of tumors in the head and neck as a factor of poor prognosis [10].

The main treatment of MNST is surgical, with the objective of obtaining free resection margins.

Adjuvant radiotherapy can be used to assist surgery in the local control of the disease when the resection margins cannot be wide due to the location of the tumor or when these are positive.

In the patient with malignant Schwannoma of the infraorbital nerve, postoperative radiotherapy was indicated despite the fact that the resection margins were free of disease due to the proximity of the tumor to the skull base and to the eye.

Yao Xu, et al. [10] reported that overall survival did not improve with the addition of radiotherapy to surgical treatment.

The reported incidence of metastases in MNST located in the head and neck and other sites was 14.3% (109/764) [10].

The second patient described in our study with a MNST in the neck had multiple distant metastases associated with rapid tumor growth 30 days before the consultation.

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The role of systemic treatment with chemotherapy in MNST is controversial [11].

Conclusions

The incidence of malignant neural sheath tumors in our study was 11.11% (2/18).

Most neural sheath tumors are benign and can cause functional alterations due to compression of the nerve of origin or adjacent structures, but when the neoplasm grows rapidly malignancy should be suspected.
The main treatment is surgery trying to obtain wide tumor-free margins.

We declare no conflicts of interest

References


