



## ORIGINAL ARTICLE

## *In Vitro* Reaction of Cells Derived from Human Normal Lung Tissues to Carbon-Ion Beam Irradiation

Naoko Okano<sup>1</sup>, Takahiro Oike<sup>1</sup>, Jun-ichi Saitoh<sup>1\*</sup>, Katsuyuki Shirai<sup>2</sup>, Masato Enari<sup>3</sup>, Tohru Kiyono<sup>4</sup>, Mayulsono<sup>2</sup>, Kota Torikai<sup>2</sup>, Tatsuya Ohno<sup>2</sup> and Takashi Nakano<sup>1</sup>

<sup>1</sup>Department of Radiation Oncology, Gunma University Graduate School of Medicine, Japan

<sup>2</sup>Gunma University Heavy Ion Medical Center, Japan

<sup>3</sup>Division of Refractory Cancer Research, National Cancer Center Research Institute, Japan

<sup>4</sup>Division of Virology, National Cancer Center Research Institute, Japan

\*Corresponding author: Jun-ichi Saitoh, MD, PhD, Department of Radiation Oncology, Gunma University Graduate School of Medicine, 3-39-22, Showa-machi, Maebashi, Gunma, 371-8511, Japan, Fax: +81-27-220-2897, E-mail: [junsaito@gunma-u.ac.jp](mailto:junsaito@gunma-u.ac.jp)

### Abstract

**Background:** Radiation-induced lung injury (RILI) is a serious concern in carbon-ion radiation therapy (CIRT) for thoracic malignancies. To estimate the induction of RILI after CIRT, translation of evidence in X-ray radiation therapy to CIRT is of great importance. However, the relative biological effectiveness (RBE) of carbon-ion beams in normal lung tissues is not fully elucidated, making the translation difficult. This is in part due to the absence of *in vitro* assays that can determine the RBE values in normal cells lacking clonogenic ability.

**Materials and methods:** Immortalized human small airway epithelial cells (iSAECs), human lung fibroblasts HFL-I, and A549 lung cancer cellswere irradiated with X-rays or carbon-ion beams, cultured for 10 days, fixed with methanol, and then subjected to crystal violet staining (CVS). The stained cells were solubilized and the absorbance of the solutions was measured using a spectrophotometer. The data plots were fitted to the linear-quadratic model to generate survival curves.

**Results:** The absorbance values in the CVS assay were highly correlated with the number of colonies in the clonogenic survival assay for A549 cells ( $R = 0.905$ ,  $P < 0.01$ ), resulting in strong association between the survival curves generated using the two assays. In iSAECs, the  $D_{50}$  values for X-ray and carbon-ion beam irradiation were 8.3 Gy and 2.6 Gy, respectively, and the RBE was 3.2. In HFL-I cells, the  $D_{50}$  values were 3.3 Gy and 1.5 Gy, respectively, and the RBE was 2.2.

**Conclusion:** The CVS assay may provide an alternative to the clonogenic survival assay for the assessment of the RBE of carbon ion beam irradiation of normal cells lacking clonogenic ability, and will help understand the biological effect of CIRT on human normal lung tissues.

### Keywords

Relative Biological Effectiveness (RBE), Carbon-ion beam, Normal lung tissue, Surviving fraction, Colony forming ability

### Introduction

The standard treatment for inoperable early-stage non-small cell lung carcinoma (NSCLC) is radiotherapy. In such cases, X-ray stereotactic body radiation therapy (SBRT), which can deliver highly conformal dose to the tumor, shows comparable local control to surgery [1,2]. Carbon-ion beam radiation therapy (CIRT) also shows local control comparable to SBRT and surgery for early-stage NSCLC (i.e., 5 year local control rate of > 90%) [3-5]. Carbon-ion beams have two important properties that contribute to favorable clinical outcomes: a superior dose distribution associated with the sharp penumbra and distal tail-off achieved by the Bragg peak, and stronger cancer-cell-killing activity than X-rays [6,7].

Radiation-induced lung injury (RILI) is lethal in some cases, and is a major dose-limiting factor in thoracic irradiation therapy [8]. Previous studies on X-ray SBRT have demonstrated several predictive factors for RILI, e.g., normal lung volume receiving 20 Gy ( $V_{20} > 10\%$  and  $V_{25} > 4.2\%$ ) [9-11]. Meanwhile, there have been no established predictive factors for RILI in CIRT. In this regard, comparison of dose-volume parameters as noted above, between SBRT and CIRT cases, is of great im-

portance for estimating the induction of RILI after CIRT. However, the relative biological effectiveness (RBE) of carbon-ion beams in normal lung tissues is largely unknown. It is unclear whether the RBE in normal lung tissues is higher or lower than the clinically-used value based on the *in vitro* RBE in the human salivary gland cancer cell line HSG [12,13], which makes it difficult to compare the dose-volume parameters between SBRT and CIRT of the lung.

RBE has been evaluated using various *in vitro* and *in vivo* experimental methods with different endpoints including cell survival, apoptosis, chromosome aberration, DNA repair capacity *in vitro*, and tumor shrinkage *in vivo* [14-22]. The clonogenic survival assay is one of the standard methods for determining RBE [12,13,23-26] because it can be easily performed *in vitro*, and the results are significantly correlated with tumor response to radiotherapy in the clinic [27]. However, the clonogenic survival assay cannot be used to determine the surviving fraction in cell lines derived from human normal lung tissues because they lack clonogenic ability. Taken together, in the present study, we sought to investigate the RBE of carbon-ion beams in cell lines derived from human normal lung tissues using a crystal violet staining assay (CVS assay) in which the surviving fraction was determined by measuring the absorbance of a solution containing fixed, stained, and lysed cells [28].

## Materials and Methods

### Cell lines

Small airway epithelial cells (SAEC) isolated from human bronchi, the human embryonic lung fibroblast line HFL-I, and the human lung adenocarcinoma cell line A549 were purchased from Lonza (Basel, Switzerland), Riken Bioresource Center (Ibaraki, Japan) and ATCC (VA, USA), respectively. SAEC cells were cultured in small airway epithelial basal medium supplemented with SAGM Single Quots (Lonza). HFL-I and A549 cells were cultured in RPMI-1640 medium supplemented with 10% fetal bovine serum, 100 U/ml penicillin and 100 µg/ml streptomycin (Life Technologies, CA, USA).

SAECs have a limited proliferative ability and cannot be stably cultured for more than 20 population doublings; therefore, appropriate assessment of radiosensitivity in these cells is impossible. Thus, to enable the continuous culture of SAECs, an immortalized cell line was established as follows: the lentiviral vector plasmids CSII-CMV-cyclinD1, -CDK4R24C and -TERT were constructed by recombination using the Gateway system (Invitrogen, CA, USA), as described previously [29]. Briefly, the cDNAs of human cyclinD1, a mutant form of human CDK4 (CDK4R24C: an inhibitor-resistant form of CDK4, generously provided by Dr. Hara) and human TERT were recombined with a lentiviral vector, CSII-CMV-RfA (a gift from Dr. Miyoshi), by LR reaction to create a Gateway expression plasmid (Invitrogen) according to the manufacturer's instructions. Lentiviral

combinations were used to transduce SAEC cells with cyclinD1, CDK4R24C and TERT, and cells were grown without drug selection to generate immortalized SAECs (iSAECs).

The average doubling time for iSAECs, HFL-I and A549 was approximately 48 h, 36 h and 24 h, respectively. For all the cell lines, the cells at passage number from 5 to 10 were used.

### Irradiation

X-ray irradiation was performed using a Faxitron RX-650 (100 kVp, 1.14 Gy/min, Faxitron Bioptics, AZ, USA). Carbon-ion beam irradiation was performed at the Gunma University Heavy Ion Medical Center using the same beam specification as those used in the clinic (290 MeV/nucleon, the average linear energy transfer at the center of a 6 cm spread-out Bragg peak of approximately 50 keV/µm).

### Assessment of cell survival by the crystal violet staining assay (CVS assay)

The sensitivity of iSAECs and HFL-I cells to X-ray or carbon-ion beam irradiation was determined using an assay described by Guzzi, et al. [28] with a minor modification. Cells were seeded on 60 mm dishes (10,000 cells/dish), incubated at 37 °C for 2 days, subjected to X-ray or carbon-ion beam irradiation and incubated at 37 °C for an additional 10 days. Cells were then fixed in 25% methanol, stained with 0.1% crystal violet, and solubilized in 2 ml of 10% acetic acid. The absorbance of the solution at 570 nm was measured with a Multiskan FC (Thermo Fisher Scientific, NY, USA). The  $D_{10}$  and  $D_{50}$  (doses required to reduce the absorbance to 10% and 50%, respectively) were calculated by fitting the absorbance to the linear-quadratic (LQ) model, as follows: absorbance =  $\exp(-\alpha D - \beta D^2)$ , where D is the dose [30].

### Clonogenic survival assay

The surviving fractions of A549 cells exposed to X-rays were assessed using the clonogenic survival assay, as previously described [30]. To compare the surviving fractions calculated by the clonogenic survival assay and the absorbance values calculated by the CVS assay in the same samples, after colony counting, the colonies were solubilized in 10% acetic acid and subjected to absorbance measurements according to the protocol of the CVS assay.

### Senescence-associated $\beta$ -galactosidase staining

Senescence-associated  $\beta$ -galactosidase (SA- $\beta$ -gal) activity in cells exposed to X-rays or carbon-ion beams was assessed using a Senescence  $\beta$ -galactosidase Staining Kit (Cell Signaling Technology, MA, USA) 10 days after irradiation. Blue-stained cells observed by light microscopy were considered positive for the staining. In each experimental condition, at least 300 cells were counted in triplicate.

### Statistical analysis

The correlation between the number of colonies in

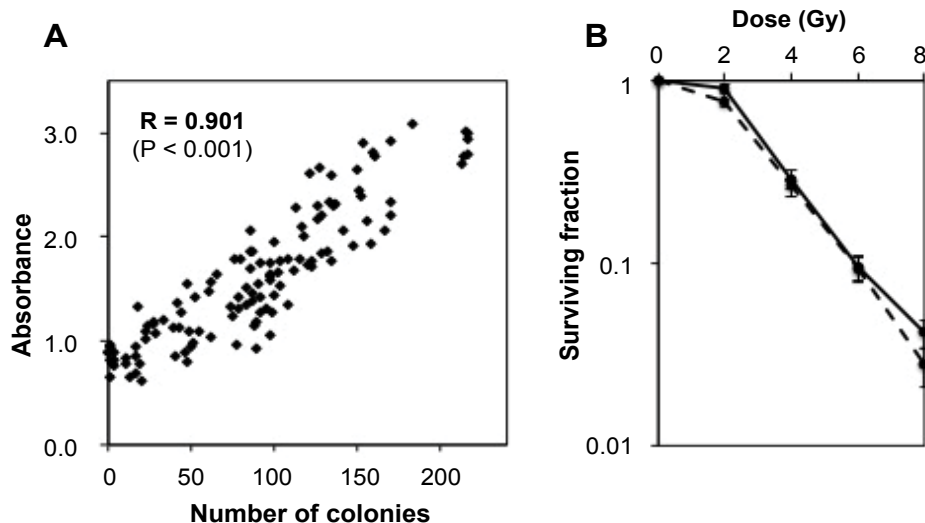
the clonogenic survival assay and the absorbance in the CVS assay in the same samples of irradiated A549 cells was analyzed by Pearson's correlation coefficient. The significance of differences in the percentages of senescent cells was determined by the unpaired two-tailed Student's t-test.  $P < 0.05$  was considered significant. Experiments were performed in triplicate, at least.

## Results

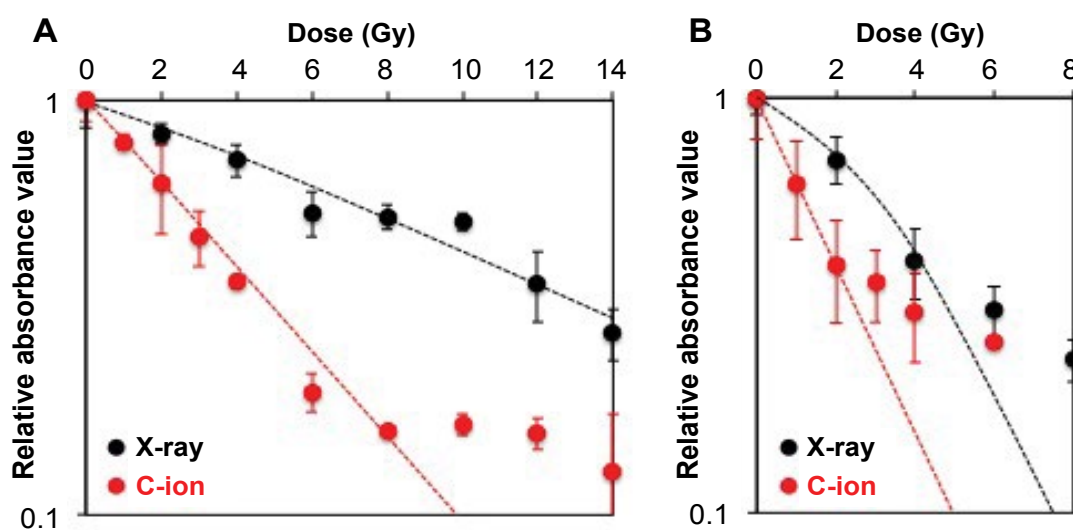
iSAECs and HFL-I cells did not form colonies although they could continuously grow on culture dishes. We therefore examined the radiosensitivity of these cells using the CVS assay [28]. Prior to the assessment of RBE, association between the results of the CVS assay and the clonogenic survival assay was evaluated by comparing the absorbance

values assessed by the CVS assay to the number of colonies assessed by clonogenic survival assay in the same set of X-ray-irradiated A549 lung cancer cells, which have clonogenic ability. The absorbance values obtained with the CVS assay were highly correlated to the number of colonies in the clonogenic survival assay ( $R = 0.905$ ,  $P < 0.01$ ) (Figure 1A), resulting in strong association between the survival curves generated using the two assays (Figure 1B). These data indicate that the CVS assay can be an alternative to the clonogenic survival assay in the assessment of radiosensitivity.

Assessment of the sensitivity of iSAECs and HFL-I cells to irradiation by the CVS assay (Figure 2) showed that at low doses, X-ray or carbon-ion beam irradiation decreased the



**Figure 1:** Association between the results of the CVS assay and those of the clonogenic survival assay (A) Correlation between the number of colonies in the clonogenic survival assay and the absorbance values in the CVS assay in the same samples of irradiated A549 cells ( $n = 120$ ). The correlation was analyzed by using Pearson correlation coefficient; (B) Representative survival curves obtained from the clonogenic survival assay (solid line) and the CVS assay (dotted line) ( $n = 3$ , each). Average  $\pm$  SD is shown.



**Figure 2:** Sensitivity of iSAECs and HFL-I cells to X-ray and carbon-ion beam irradiation assessed by using the CVS assay (A) iSAECs; (B) HFL-I. Average  $\pm$  SD is shown. The fitting curves were generated based on the linear-quadratic model using the data obtained at the dose ranges listed in Table 1. C-ion, carbon-ion beams.

absorbance values in a dose-dependent manner. However, the gradient of the fitting curve decreased with increasing doses and the absorbance values could not be fitted to the LQ model (10-14 Gy in iSAECs receiving carbon-ion beam irradiation, and 6-8 Gy and 3-6 Gy in HFL-I cells receiving X-ray and carbon-ion beam irradiation, respectively). On microscopic observation, the numbers of iSAECs and HFL-I cells exposed to high doses of X-rays or carbon-ion beams were lower than those estimated by the CVS assay (Figure 2). Furthermore, surviving cells after high-dose irradiation lost proliferative ability over time and showed enlarged morphology (Figure 3). Since enlarged morphology with lost proliferative ability is characteristic of cells undergoing senescence, which is one of the major modes of proliferative cell death associated with ionizing irradiation [30-35], the induction of senescence in iSAECs and HFL-I cells receiving high-dose X-ray or carbon-ion beam irradiation was investigated. The number of SA- $\beta$ -gal positive iSAECs and HFL-I cells increased significantly 10 days after irradiation

with high doses of X-rays or carbon-ion beams (Figure 4). These findings indicate that the high staining intensity of the samples could be attributed to senescent cells with enlarged bodies that accumulated on the culture plates in response to high-dose irradiation, leading to the overestimation of the surviving fraction in the CVS assay.

Previous studies have demonstrated that the surviving fraction of irradiated normal cells can be fitted to the LQ model *in vitro* [12]. Hence, in the present study, we employed a dose range in which the absorbance values could be fitted to the LQ model to calculate the RBE (0-14 Gy and 0-8 Gy in iSAECs, and 0-4 Gy and 0-2 Gy in HFL-I cells for X-ray and C-ion beam irradiation, respectively). Among these dose ranges, the  $D_{10}$  and  $D_{50}$  which have been shown to be reliable in previous studies, were used as endpoints to determine the RBE [22-26,36]. The calculated  $D_{10}$ ,  $D_{50}$  and the RBE values are shown in Table 1. In iSAECs, the RBE values at  $D_{10}$  and  $D_{50}$  were 2.4 and 3.2, respectively. In HFL-I cells, the surviving fraction in the < 40% region could not be fitted to the LQ model, indicating that the  $D_{10}$  could not be obtained reliably. The RBE in HFL-I cells at  $D_{50}$  was 2.2.

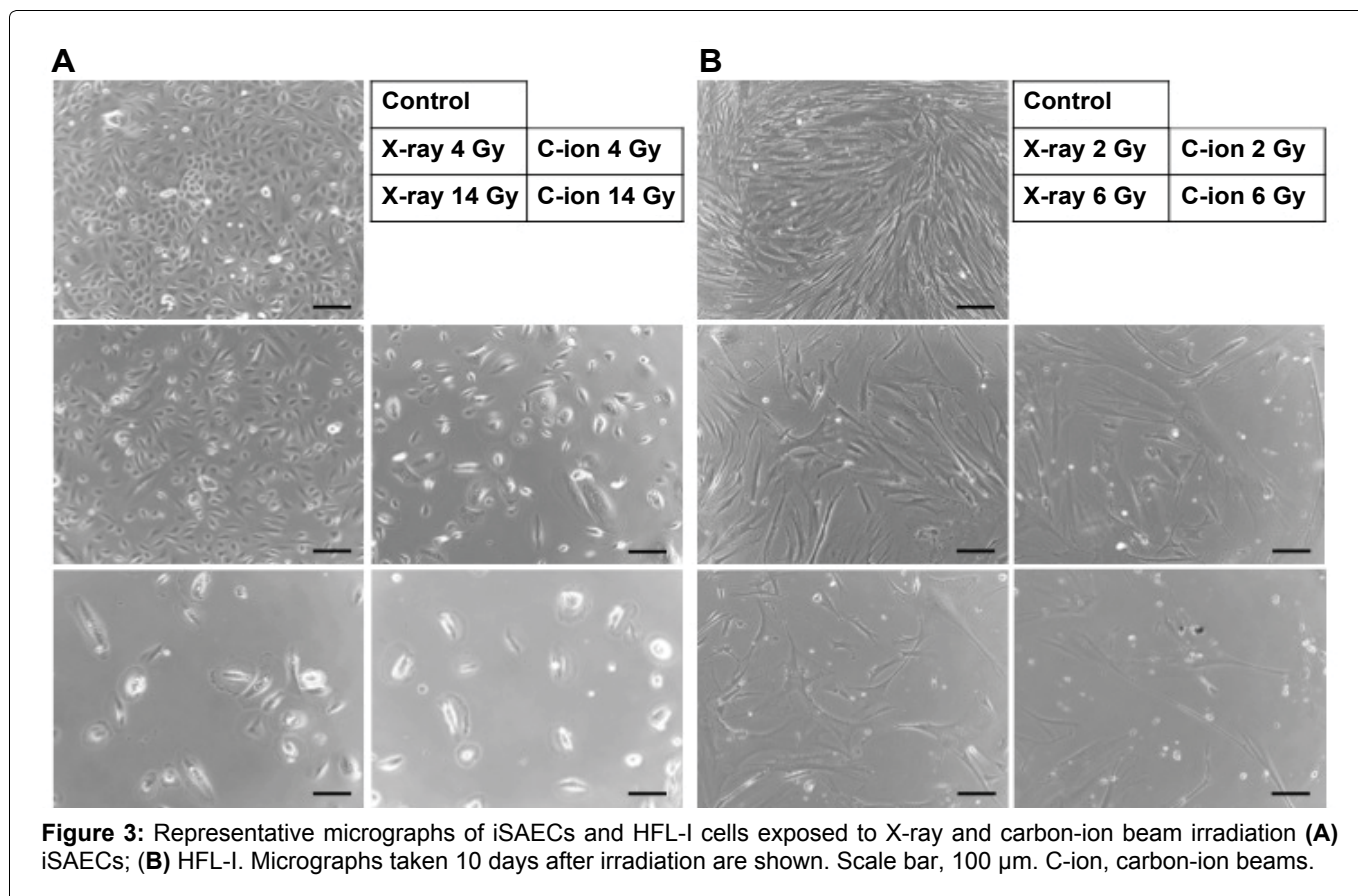
**Table 1:** D10, D50 and RBE in iSAEC and HFL-I cells.

Cell line	Dose region (Gy)	D10 (Gy)	D50 (Gy)
<b>iSAEC</b>			
X-ray	0-14	24	8.3
C-ion	0-8	10	2.6
RBE		2.4	3.2
<b>HFL-I</b>			
X-ray	0-4	NA	3.3
C-ion	0-2	NA	1.5
RBE		NA	2.2

**RBE:** relative biological effectiveness; **C6ion:** carbon ion; **NA:** not assessed.

## Discussion

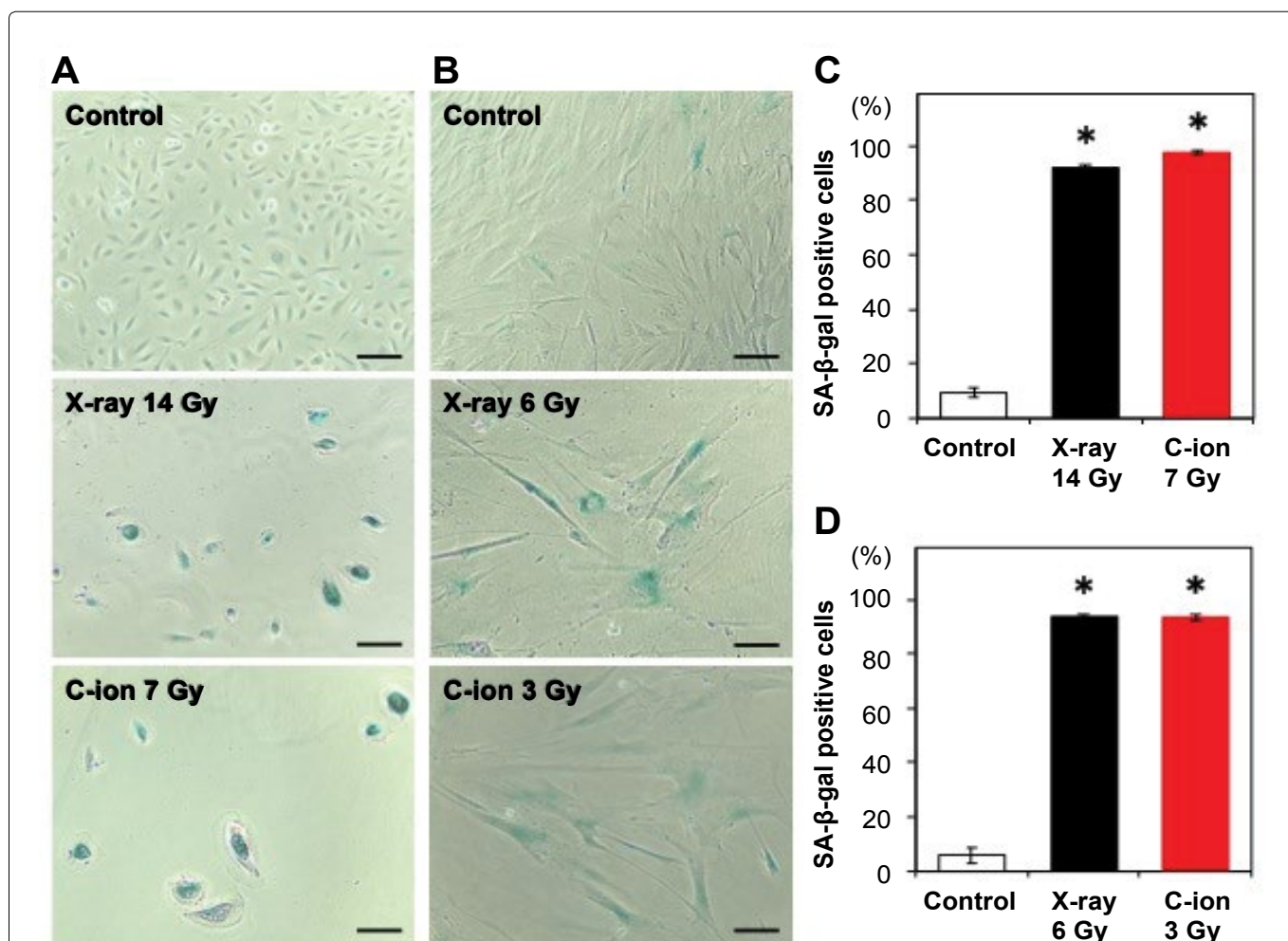
The results of the present study demonstrate strong association between the survival curves generated by the CVS assay and those generated by the clonogenic survival assay for A549 cancer cells. Using the CVS assay, the RBE in normal lung cells lacking clonogenic ability could be calculated at least at  $D_{50}$ .



In Japan, the irradiation dose used in CIRT is based on the RBE value obtained using HSG cells, a human salivary gland cancer line [12,13]. However, previous studies have demonstrated that RBE varies depending on the histological type [14], highlighting the difficulty in using RBE values generated using HSG cells for determining the optimal radiation dose in CIRT for each type of cancer. To overcome this problem, considerable research has been expended in determining the RBEs of CIRT in different cancer and normal tissue types to establish optimal CIRT treatment planning strategies. Since most cell lines derived from human normal tissues lack clonogenic ability, determination of RBE in human normal tissues using the clonogenic survival assay has been difficult. Furthermore, to the best of our knowledge, currently there is no consensus on which *in vitro* assays provide data broadly in association with those of the clonogenic survival assay. The results of the present study provide insights into these issues. Although the RBE at  $D_{10}$  determined using the CVS assay was not considered reliable because iSAECs and HFL-I cells enter senescence at high doses of irradiation, RBE at  $D_{50}$  where

the surviving fractions could be fitted the LQ model, may be more reliable for the determination of RBE using this assay. Besides, in the present study, the  $D_{50}$  of iSAECs and HFL-I cells is within the dose range used in fractionated radiotherapy in the clinic, indicating that  $D_{50}$  may be an appropriate endpoint for RBE in the CVS assay. Since the CVS assay is simple and convenient, it can be used to screen the radiosensitivity of cells derived from a panel of normal organs, as well those of biopsy samples.

A549 cells irradiated with high doses of X-ray or carbon-ion beams mostly floated in the culture media. On the other hand, most iSAECs and HFL-I cells irradiated with such high doses showed senescence and remained attached to the culture dishes (Figure 3). The differences in the mechanisms of cell death between cancer and non-cancerous cells might affect the different absorbance values in the high-dose region of the CVS assay. Previously, we reported that, after X-ray irradiation for the  $D_{10}$ , apoptosis, necrosis and mitotic catastrophe were induced in A549 cancer cells while senescence was less frequently induced [37]. In contrast, in another



**Figure 4:** Induction of senescence by X-ray and carbon-ion beam irradiation of iSAECs and HFL-I cells. The cells were exposed to X-ray or carbon-ion beam irradiation and then assessed using the senescence-associated  $\beta$ -galactosidase (SA- $\beta$ -gal) staining 10 days after irradiation (A,B) Representative micrographs of iSAECs (A) and HFL-I (B) cells. SA- $\beta$ -gal positive cells are stained in blue. Scale bar, 100  $\mu$ m; (C,D) The percentage of SA- $\beta$ -gal positive iSAECs (A) and HFL-I cells (B). Average  $\pm$  SD is shown. Asterisks indicate significant differences ( $P < 0.001$ ) compared with the non-irradiated controls. C-ion, carbon-ion beams.

fibroblast line HFL-III, X-ray irradiation for the  $D_{10}$  predominantly induced senescence. Thus, predominant induction of senescence but not apoptosis, necrosis and mitotic catastrophe resulting in the floating of the cells, may be a common nature of normal cells after irradiation. This should be considered in assessing the radiosensitivity of normal cells.

With HFL-1 cells, survival curves did not fit the linear-quadratic model at doses higher than 2 Gy (Figure 2B). This is probably because fibroblasts responded to ionizing irradiation by entering senescence (Figure 4B and Figure 4D). Since senescent cells remain attached to culture dishes, surviving fractions estimated by the CVS assay may be overestimated, resulting in inconsistency with the linear-quadratic model. Taken together, our results indicate that care should be taken when assessing the *in vitro* radiosensitivity of fibroblasts at high doses of irradiation.

The limitation of the present study was as follows. Since SAECs have limited proliferative ability, it was necessary to immortalize them to determine their radiosensitivity. The immortalization process included transduction with human cyclinD1, CDK4 and TERTcDNAs. CyclinD1 and CDK4 are involved in cell cycle regulation whereas TERT is involved in telomere function. Therefore, there exists the possibility that the changes induced in these key proliferative pathways by these transductions could have affected iSAEC responses to ionizing radiation. However, it should also be noted that there was no significant difference in the cell doubling time between SAECs and iSAECs (data not shown).

In summary, we showed the possibility that the CVS assay could provide an alternative to the clonogenic survival assay for the assessment of RBE in normal cells lacking clonogenic ability. By using this method, the RBE values in iSAECs at  $D_{10}$  and  $D_{50}$  were calculated as 2.4 and 3.2, respectively; the RBE value in HFL-I cells at  $D_{50}$  was 2.2. Further investigation is necessary to obtain a comprehensive understanding of the risks and benefits of CIRT for thoracic malignancies.

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